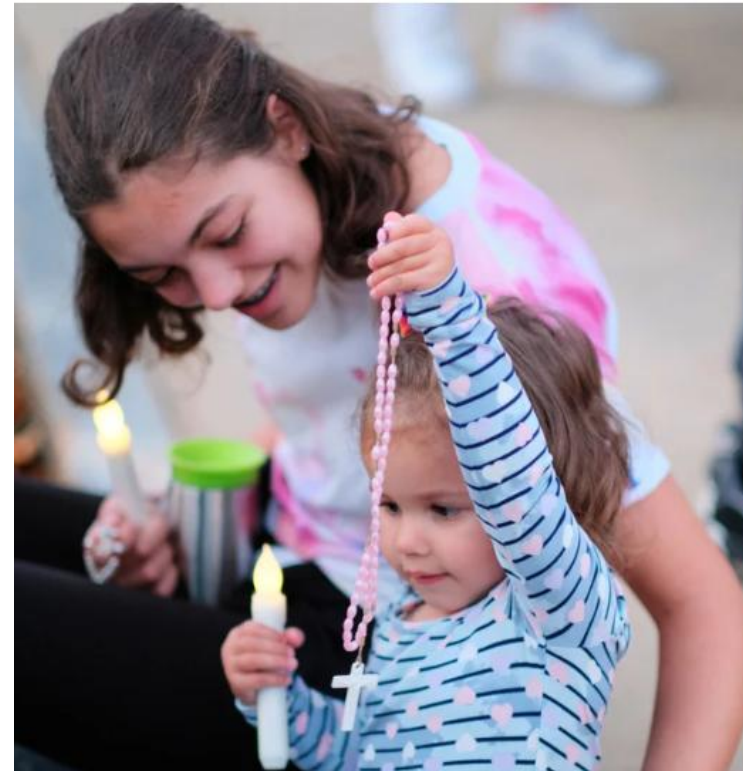




Music, prayers and reflections celebrating the saints and other liturgical feasts in October

Celebrations in October

October 1: Rosary
for Peace

October 1: Saint
Thérèse of the
Child Jesus
(Memorial)

October 2: The
Holy Guardian
Angels (Memorial)

October 4: Saint
Francis of Assisi
(Memorial)

October 7: Our
Lady of the Rosary
(Memorial)

October 15: Saint
Teresa of Avila
(Memorial)

October 17: Saint
Ignatius of Antioch
(Memorial)

October 18: Saint
Luke, Evangelist
(Feast)

October 28:
Saints Simon and
Jude, Apostles
(Feast)

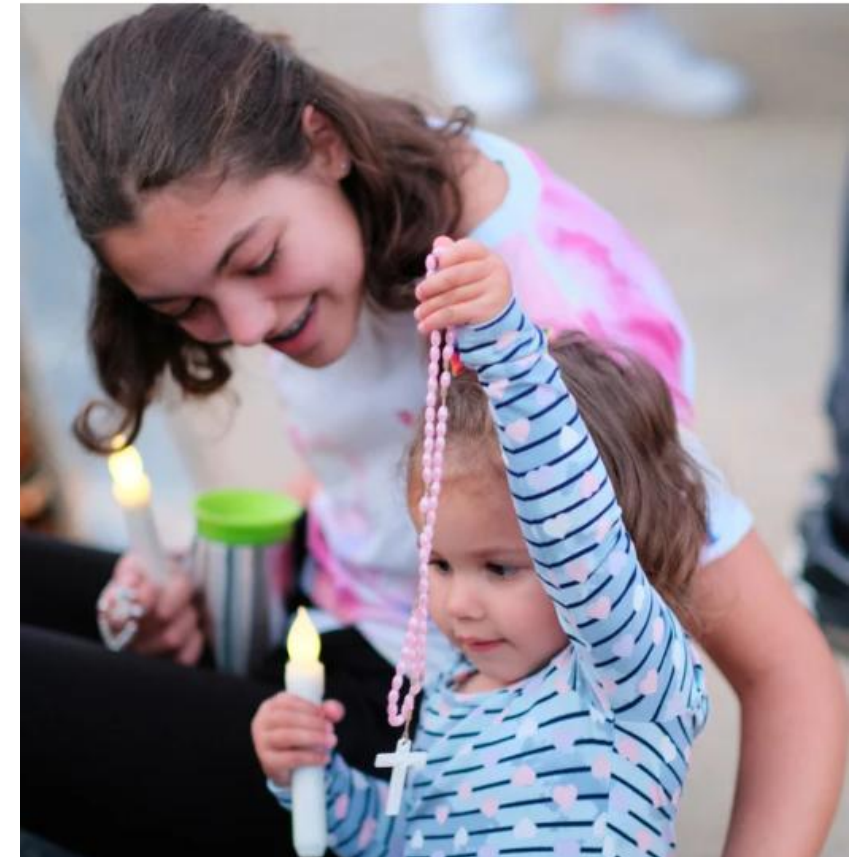


**Pray with the Pope in
October –
For mental health
ministry**

- One in every seven people in the world lives today with a mental disorder, often in silence and marked by stigma and loneliness.
- For this reason, Pope Leo XIV has dedicated his prayer intention for the month of October to mental health ministry.

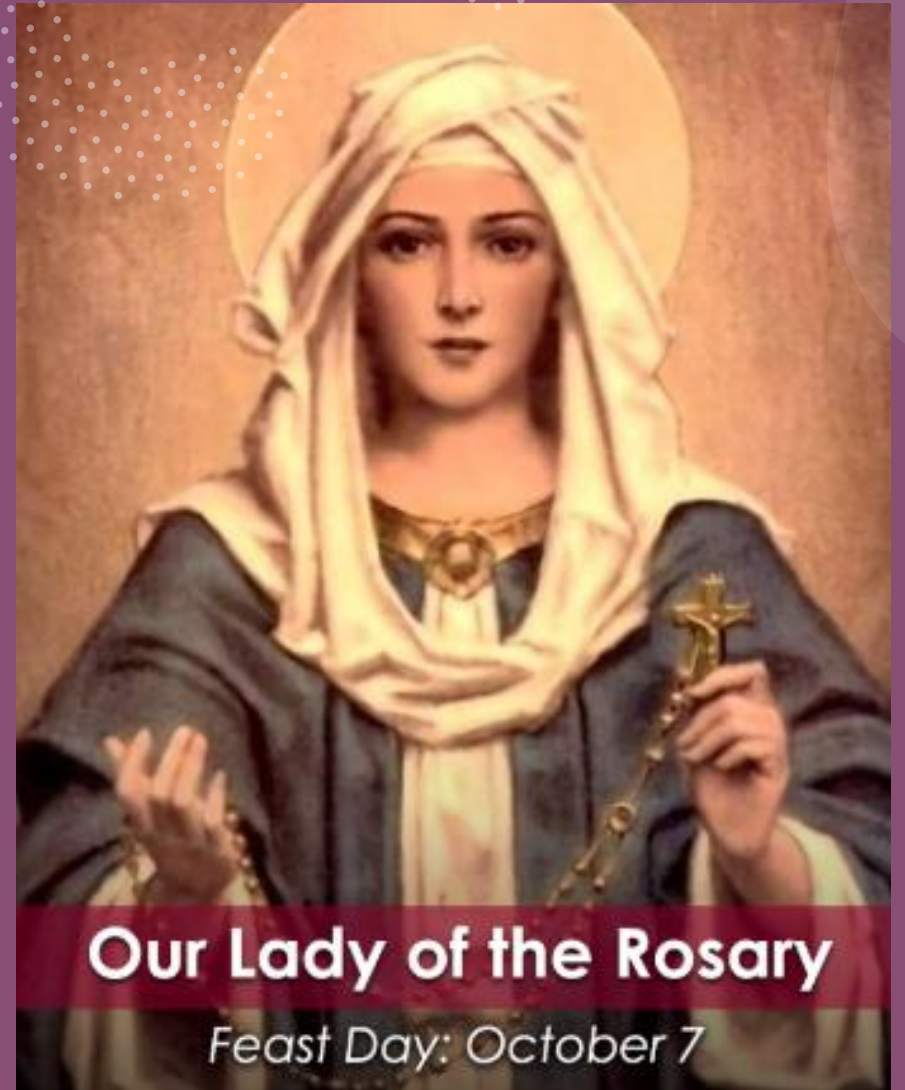
October 1: Rosary for Peace

- Many children will gather on October 1 in the Vatican to pray the Rosary together for peace, at 5:00 p.m. at the Lourdes Grotto in the Vatican Gardens.
- Between 700 and 1,000 children from schools and parishes in Rome are expected to attend. They will pray with Pope Leo XIV, joining spiritually with children, families, schools, and Christian communities around the world as part of the “One Million Children Praying the Rosary” initiative, promoted by the pontifical foundation Aid to the Church in Need (ACN).
- The Rosary prayer will mark the beginning of a worldwide week of prayer culminating on October 7, the feast of Our Lady of the Rosary.



Ave Maria – Prayer for Peace

- We join in the beautiful music of Ave Maria (Liam Lawton) - Roisin O'Reilly, Liam Lawton & Joseph McManners.
- <https://youtu.be/DXPIhamm-uY?si=E8wr5-l-NCPgVKAI>



October 1: Saint Thérèse of the Child Jesus

- <https://www.loyolapress.com/catholic-resources/saints/saints-stories-for-all-ages/saint-therese-of-lisieux/>



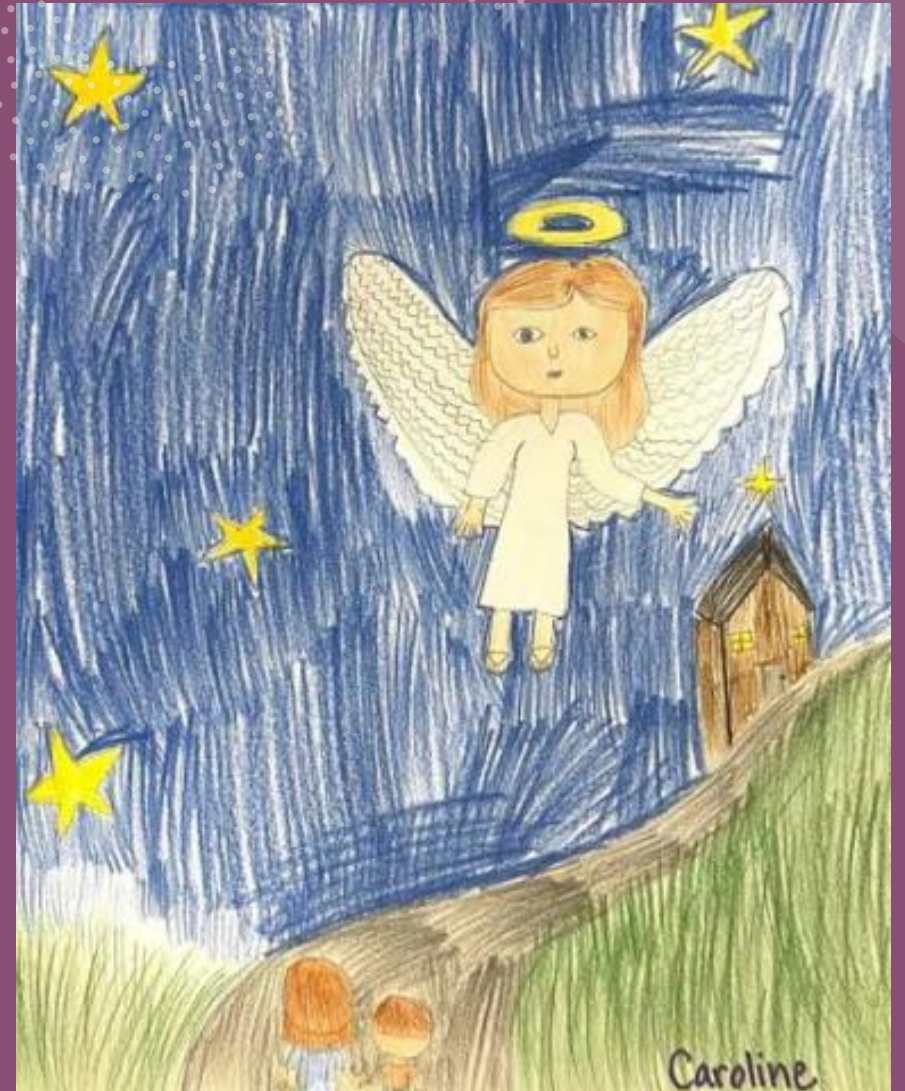
October 1: Saint Thérèse of the Child Jesus

- I learned from experience that joy does not reside in the things about us, but in the very depths of the soul, that one can have it in the gloom of a dungeon as well as in the palace of a king.
- Holiness consists simply in doing God's will and being just what God wants us to be.
- Do all that you do with love.



October 2: The Holy Guardian Angels

- The Feast of the Holy Guardian Angels takes place on 2nd October each year across the entire Church.
- Loving God, you sent your archangels to protect, heal and guide. Grant that we too will have open hearts to those in need and courage in sharing your healing and hope with others. St Michael, St Gabriel, St Raphael, pray for us.
- See also <https://www.franciscanmedia.org/saint-of-the-day/feast-of-the-guardian-angels/>
- Image from 'Saints for Kids: How to celebrate the feast of the Guardian Angels.'



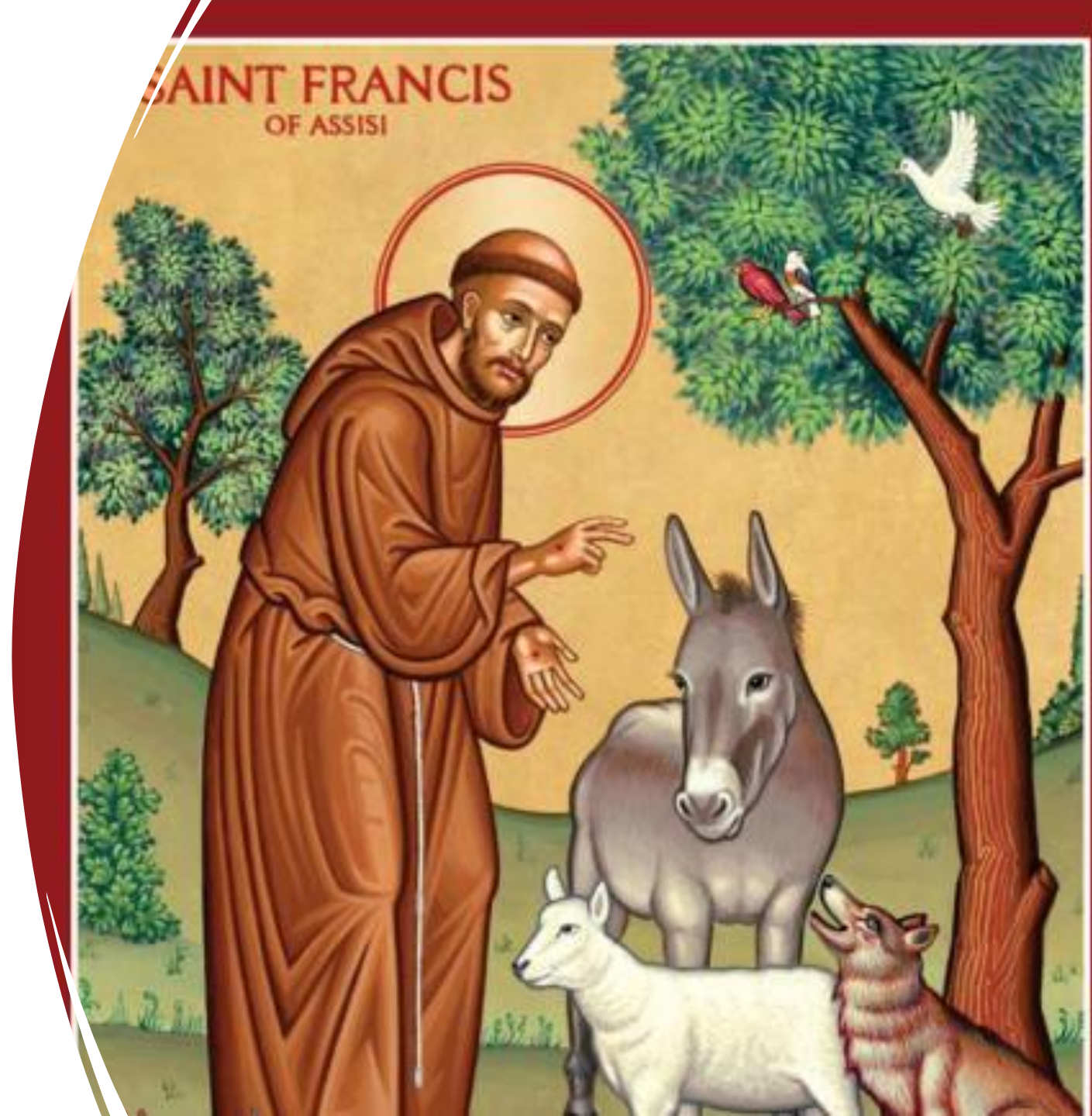
A prayer which has been said by many
generations over the years...

*O, Angel of God, my guardian dear,
To whom God's love commits me here,
Ever this day, be at my side,
To light and to guard,
to rule and to guide.
Amen.*



October 4: Saint Francis of Assisi

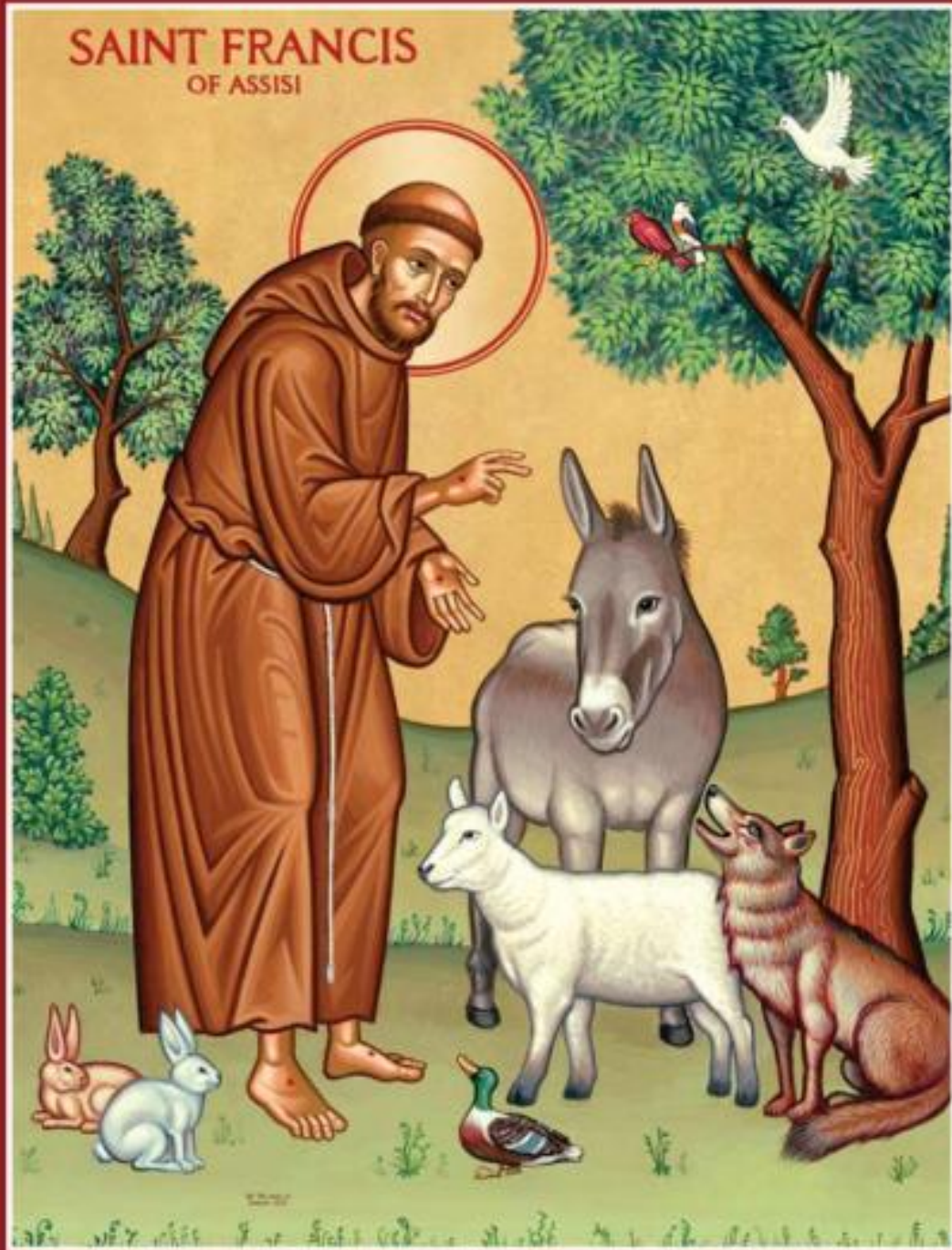
- ST. FRANCIS OF ASSISI, FOUNDER OF THE FRANCISCAN ORDER, PATRON OF ITALY
- READ MORE ABOUT HIS LIFE:
- [HTTPS://WWW.VATICANNEWS.VA/EN/SAINTS/10/04/ST--FRANCIS-OF-ASSISI--FOUNDER-OF-THE-FRANCISCAN--ORDER--PATRON-.HTML](https://www.vaticannews.va/en/saints/10/04/st-francis-of-assis--founder-of-the-franciscan--order--patron-.html)



Profound love and respect for all of creation...

- The Blessing of the Animals is a tradition inspired by St. Francis of Assisi, known for his deep love of all God's creatures.
- Celebrated around his feast day on October 4th, the event honors his teachings on kindness and respect for animals.
- People bring their pets to participating parishes to be blessed, acknowledging the bond between humans and animals, and recognizing them as gifts from God.
- This ceremony reflects St. Francis' belief in the harmony of all living beings and their connection to the divine.





Prayer of St. Francis

Make me a channel of your peace

- Listen to the *Prayer of St Francis* sung by Sarah McLachlan and choir:
- <https://youtu.be/agPnMxp5Occ?si=R33WXJUla8hfDYgM>



October 7: Our Lady of the Rosary

The Rosary is a meditative prayer reflecting on key moments in the lives of Jesus and Mary.

Mysteries: It includes four sets of mysteries:

Joyful,

Sorrowful,

Glorious,

and the Luminous mysteries added by Pope John Paul II in 2002.

Month of the Rosary: The entire month of October is dedicated to the Holy Rosary in the Catholic tradition.

The Rosary prayer beginning on 1 October as a worldwide week of prayer ends on October 7, the feast of Our Lady of the Rosary.

See also

https://www.ayrfieldparish.ie/warehouse/documents/Novena_etc/Pray%20The%20Rosary%20leaflet.pdf

October 15: Saint Teresa of Avila

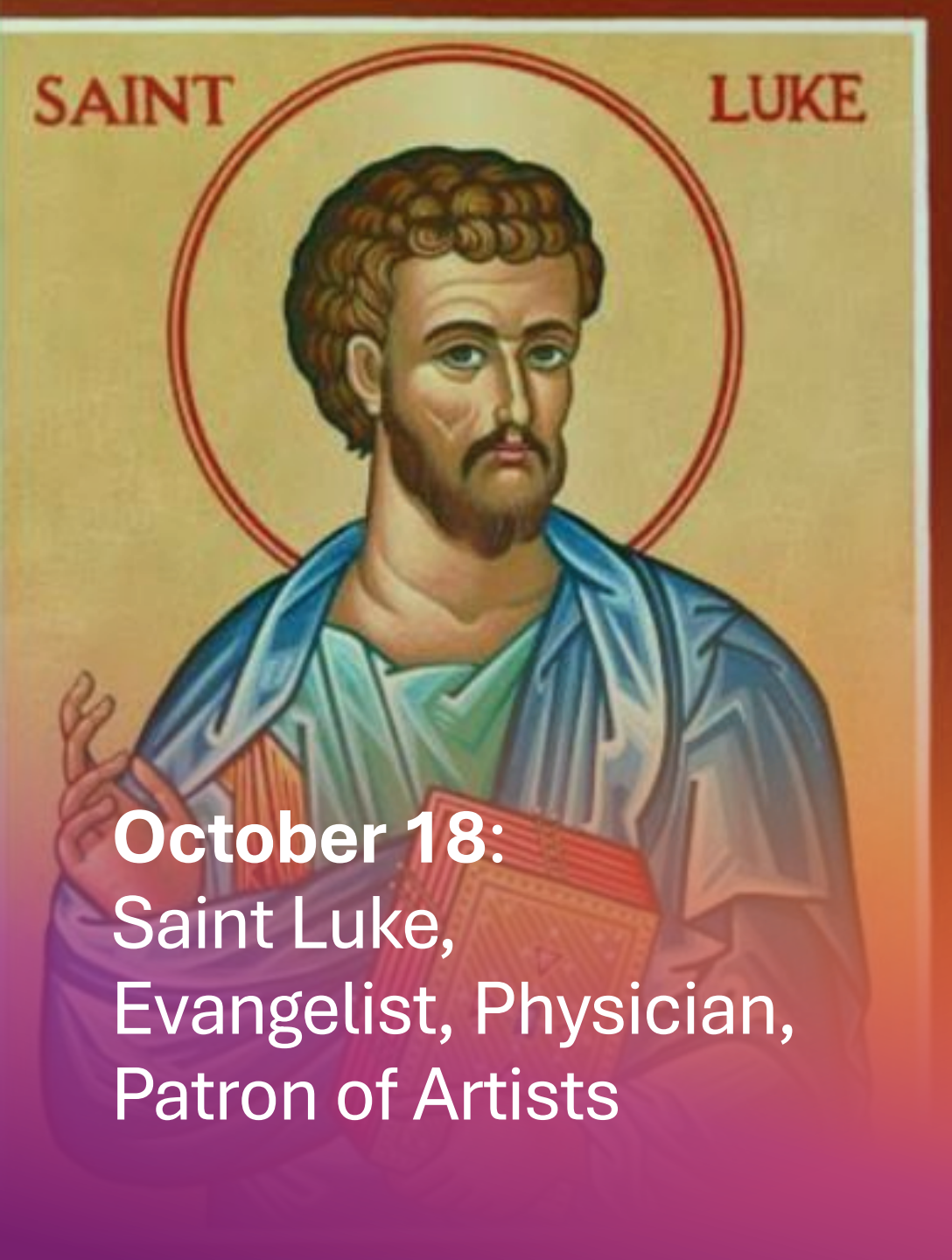
- **Listen to the music of St Teresa's Prayer:**
- <https://youtu.be/2SQtXzjC2pg?si=Sp93xFxPiwBRjooH>
- “Let nothing disturb you, nothing frighten you, all things are passing, God is unchanging.”



October 17: Saint Ignatius of Antioch

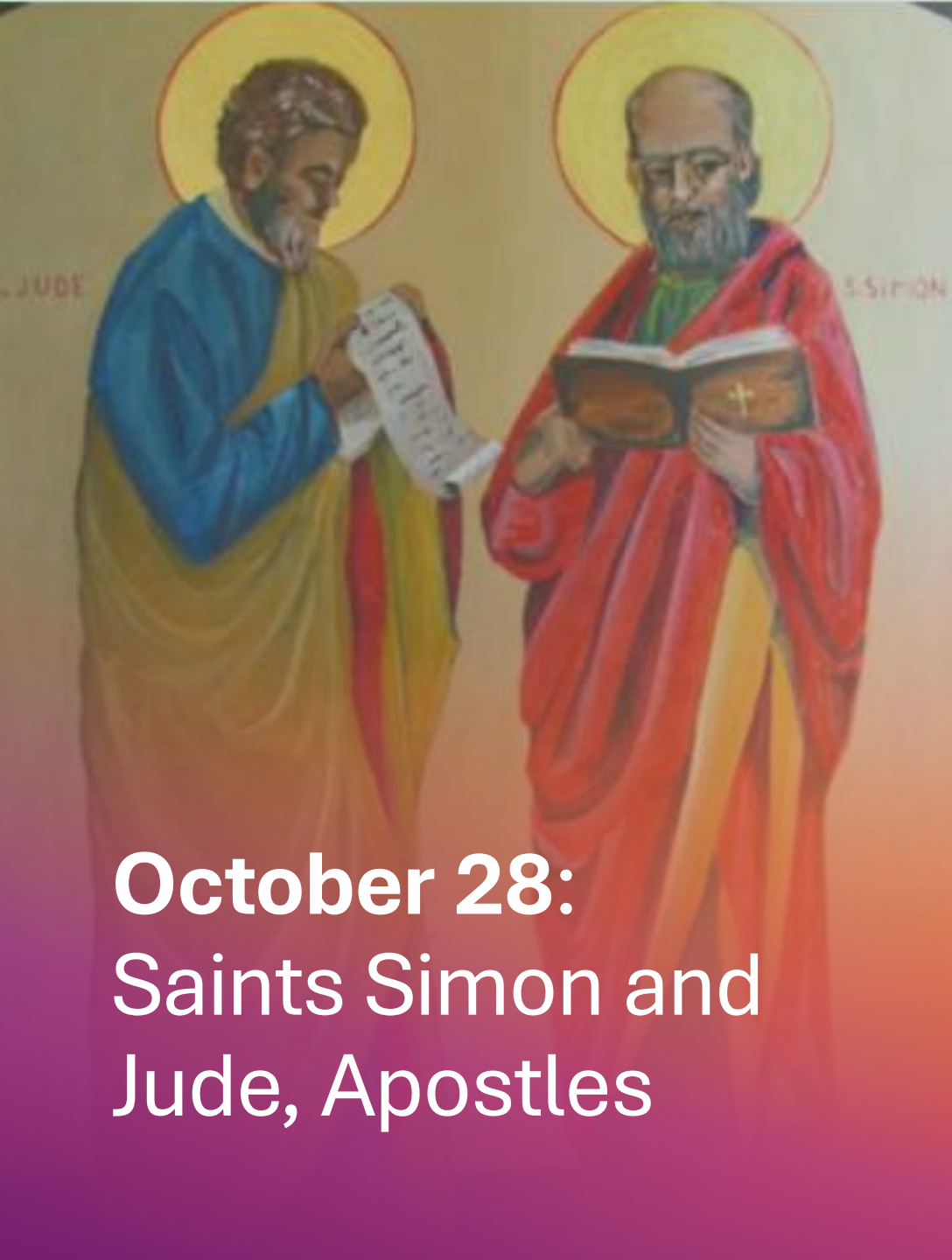
- *Ignatius of Antioch, also called “Theophoros”, meaning “God-bearer”, was an early martyr, who is best known from the seven letters he wrote to various churches in Asia Minor with his strong theology of the humanity of Jesus and his presence in the Eucharist. He also promoted the role of the bishop as a figure of unity in the Church.*
- See also <https://www.loyolapress.com/catholic-resources/saints/saints-stories-for-all-ages/saint-ignatius-of-antioch/>





October 18:
Saint Luke,
Evangelist, Physician,
Patron of Artists

- St Luke the Evangelist is the author of the canonical Gospel of Luke and the Acts of the Apostles.
- He was born in the 1st century AD in Antioch, Syria. He was a disciple of [St Paul the Apostle](#) as well as a medical doctor.
- See also:
<https://www.vaticannews.va/en/saints/10/18/st--luke--evangelist--physician---patron-of--artists.html>

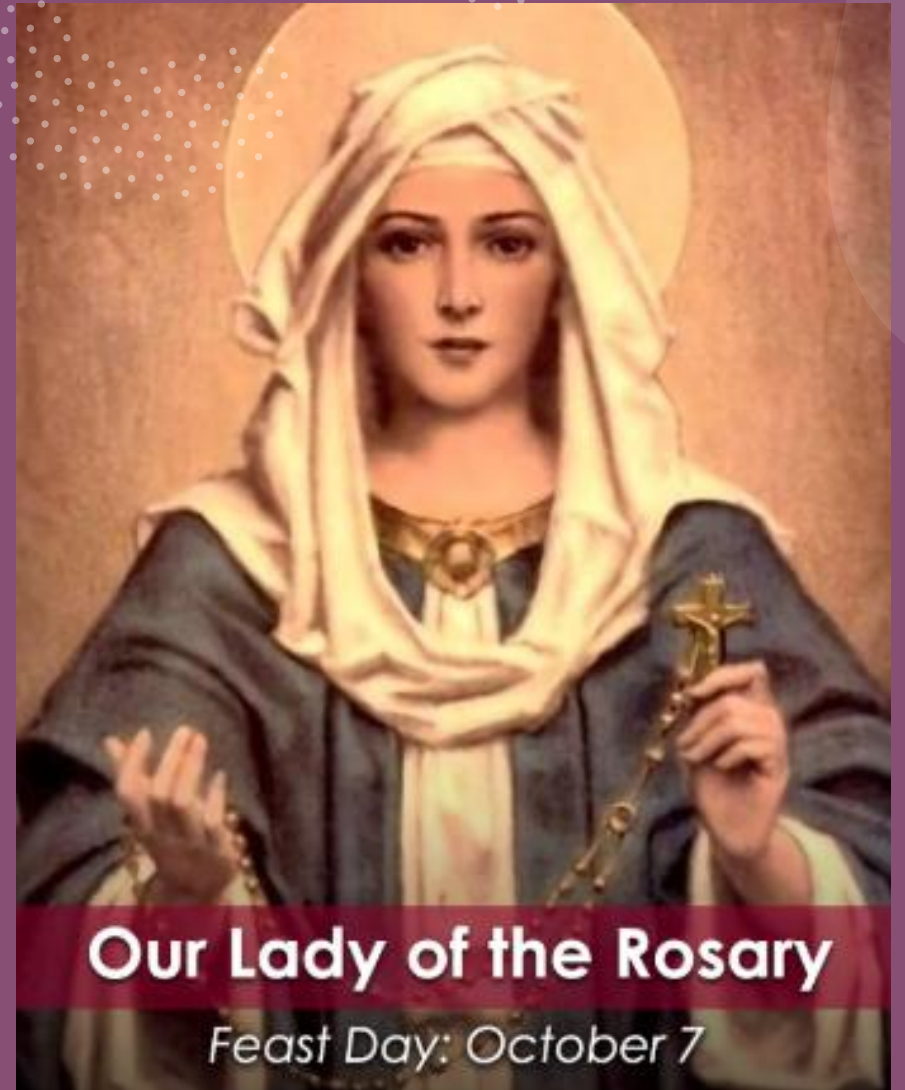


October 28: Saints Simon and Jude, Apostles

- St. Jude Thaddeus and St. Simon, two of the least known Apostles, are paradoxically among the closest to their Master: they are two of his cousins.
- See also <https://www.vaticannews.va/en/saints/10/28/sts--simon-and-jude--taddeo---apostles.html>

The Bells of Angelus

- <https://youtu.be/wkhC7cbhwto?si=p6wzrcmBRLcEDwoC>



Our Lady of the Rosary

Feast Day: October 7