

On St Patrick's Day,  
we continue to  
pray for  
disarmament and  
peace



Pray with the Pope:  
For disarmament and peace  
March 2026

---

- <https://youtu.be/dSrOCQDFdFA?si=nkUJ8eYmHzqvHHcl>



- In the name of the Father, and of the Son, and of the Holy Spirit. Amen.
- Lord of Life,  
you shaped every human being in  
your image and likeness.  
We believe you created us for  
communion, not for war,  
for fraternity, not for destruction.

- You who greeted your disciples saying,  
“Peace be with you,”  
grant us the gift of your peace  
and the strength to make it a reality in  
history.  
Today we lift up our prayer for peace  
in the world,  
asking that nations renounce weapons  
and choose the path of dialogue and  
diplomacy.

- Disarm our hearts of hatred, resentment, and indifference, so we may become instruments of reconciliation.  
Help us understand that true security does not come from control fueled by fear, but from trust, justice, and solidarity among peoples.

- Lord, enlighten the leaders of the nations, so they may have the courage to abandon projects of death, halt the arms race, and place the lives of the most vulnerable at the center.  
May the nuclear threat never again dictate the future of humanity.

- 
- Holy Spirit,  
make us faithful and creative builders of  
daily peace:  
in our hearts, our families,  
our communities, and our cities.  
May every kind word, every gesture of  
reconciliation,  
and every choice for dialogue be seeds  
of a new world.
  - Amen.





Lá Fhéile Pádraig -  
Reflections on St Patrick



*I arise today*

<https://www.youtube.com/watch?v=xеVEGOPjJXQ>

# I ARISE TODAY

*I arise today  
Through the strength of heaven;  
Light of the sun,  
Splendour of fire,  
Speed of lightning,  
Swiftness of the wind,  
Depth of the sea,  
Stability of the earth,  
Firmness of the rock.*

*I arise today  
Through God's strength to pilot me;  
God's might to uphold me,  
God's wisdom to guide me,  
God's eye to look before me,  
God's ear to hear me,  
God's word to speak for me,  
God's hand to guard me,  
God's way to lie before me,  
God's shield to protect me,  
God's hosts to save me  
Afar and anear,  
Alone or in a multitude.*

*Christ shield me today  
Against wounding  
Christ with me, Christ before  
me, Christ behind me,  
Christ in me, Christ beneath me,  
Christ above me,  
Christ on my right, Christ on my  
left,  
Christ when I lie down, Christ  
when I sit down,  
Christ in the heart of everyone  
who thinks of me,  
Christ in the mouth of everyone  
who speaks of me,  
Christ in the eye that sees me,  
Christ in the ear that hears me.*

*I arise today*



We listen to Hail Glorious St Patrick  
sung by *In Caelo*

<https://youtu.be/t1USsVnyhWM?si=QZ1hABHt0zgiHyp7>

Art by Jim Fitzpatrick

## Extracts from St Patrick's *Confessions*

So I am first of all a simple country person, a refugee, and unlearned.

I do not know how to provide for the future.

But this I know for certain, that before I was brought low, I was like a stone lying deep in the mud.

Then He who is powerful came and in his mercy pulled me out, and lifted me up...

I testify in truthfulness and gladness of heart before

God and his holy angels that I never had any reason,

except the Gospel and his promises,

ever to have returned to that nation from

which I had previously escaped with difficulty.

In the knowledge of this faith in the Trinity,

and without letting the dangers prevent it,

it is right to make known the gift of God.



## Dochas Linn, Naomh Padraig

<https://www.youtube.com/watch?v=61s-JKEfcUY>

---

# Dochas Linn, Naomh Padraig

- *Dóchas linn Naomh Pádraig, aspal mór na hÉireann.*
- *Ainm oirdhearc gléigeal, solas mór an tsaoil é.*
- *D'fhill le soiscéal grá dúinn, ainneoin blianta 'ngéibheann,*
- *Grá mór Mhac na Páirte d'fuascail cách ón daorbhroid.*

- *Sléibhte, gleannta, maighe, 's bailte mór na hÉireann,*
- *Ghlán sé iad go deo dúinn, míle glóir dár naomh dhil.*
- *Iarr'mid ort, a Phádraig, guí orainn na Gaela,*
- *Dia linn lá 'gus oíche, 's Pádraig aspal Éireann.*

# PRAYERS

St. Patrick, missionary to the people of Ireland...

All: Pray for us.

St. Patrick, patron saint of Ireland...

All: Pray for us.

St. Patrick, person of courage...

All: Pray for us.

St. Patrick, builder of communities...

All: Pray for us.

St. Patrick, witness to the gospel...

All: Pray for us.

St. Patrick, man of prayer...

All: Pray for us.

St. Patrick, person of faith...

All: Pray for us.



Song of Patrick: This day God gives me

<https://youtu.be/gbLakSGuaVI?si=FhrixE1zetOeUuJ>



---

## St Patrick's Breastplate

<https://www.youtube.com/watch?v=fCu-6dbtI9A>

---



# A history of St Patrick's Day traditions and customs

<https://www.museum.ie/en-IE/News/2023/From-shamrock-and-rosettes-to-Patricks-Pot>



AN IRISH BLESSING: MAY THE ROAD RISE TO MEET YOU <https://www.youtube.com/watch?v=UMr839d1PI0>