



LENT 2023

LENT 2023
begins on
Ash Wednesday,
February 22, 2023



A SHORT VIDEO ABOUT LENT

What is Lent all about?

Why do Christians receive ashes on
Ash Wednesday?

Why 40 days?

Watch this video from Busted Halo:

<https://bustedhalo.com/video/watch-lent-3-minutes>



Living Lent Daily

- “This Lent, foster a daily practice of spiritual calm where God is at the centre. *Living Lent Daily* is a daily e-mail series delivering fresh reflections based on the Scriptures of Lent. Each day’s message includes a quotation from the day’s Scripture readings and a brief reflection for meditation and prayer.”

The messages also include suggestions for further exploration of Lenten themes through additional online articles and prayers.”

Sign up to receive the daily messages via e-mail from Ash Wednesday, February 22, 2023, through Easter Sunday, April 9, 2023.

See:

<https://www.loyolapress.com/catholic-resources/liturgical-year/lent/living-lent-daily/>



ASH WEDNESDAY

ASH WEDNESDAY

- ART AND FAITH

- See:

[Ash Wednesday | Loyola Press](#)





Gospel
Readings on
the Sundays
of Lent

First Sunday of Lent

26th Feb 2023

Matthew 4: 1-11

- <https://www.youtube.com/watch?v=UxQ3ZmHxyAk>
- Read the gospel at:
- <https://www.biblegateway.com/passage/?search=Matthew+4%3A1-11&version=NTE>





Second Sunday of Lent 5th March 2023

Matthew 17:1-9

Transfiguration (Raphael)

- <https://www.biblegateway.com/passage/?search=Matthew%2017%3A1-9&version=NIV>
- After six days Jesus took with him Peter, James and John the brother of James, and led them up a high mountain by themselves. There he was transfigured before them. His face shone like the sun, and his clothes became as white as the light. Just then there appeared before them Moses and Elijah, talking with Jesus.



- **Art History Minute: Raphael's Transfiguration:**
- <https://www.youtube.com/watch?v=UyF1odWuYJc>
- **We Behold the Splendour of God:**
- https://www.youtube.com/watch?v=uCx-gmFI_G8

Third Sunday of Lent:

15th March 2023

John 4: 5-42

The Woman at the Well

- Read the Gospel at:
- <https://www.biblegateway.com/passage/?search=John%204%3A5-42&version=NIV>



Fourth Sunday of Lent

19 March 2023

John 9: 1-41

- https://www.youtube.com/watch?v=8_BUBbHP7zo
- [https://www.tarsus.ie/resources/John's-Gospel/06-John-9,1-41-\(Man-born-blind\).pdf](https://www.tarsus.ie/resources/John's-Gospel/06-John-9,1-41-(Man-born-blind).pdf)
- MUSIC: **Son of David**
- https://www.youtube.com/watch?v=NA3RCK4t_1k





Fifth Sunday of Lent
26 March 2023
John 11: 1-45
The Death of Lazarus

- <https://www.biblegateway.com/passage/?search=John%2011%3A1-45&version=NIV>
- <https://thebiblespeakstoyou.com/025-preparing-for-easter-jesus-raises-lazarus-from-the-dead/>
- The Book of John in Song - Chapter 11 - "Lazarus Come Forth" [Live] (feat. Kala Balch)
- <https://www.youtube.com/watch?v=hOuYRjkkT50>



Palm Sunday 2 April 2023
Matthew 26:14-27:66

A background image showing palm fronds against a clear blue sky. The fronds are green and have a feathery texture. The sky is a solid, light blue color.

PALM SUNDAY MARKS THE FIRST DAY OF HOLY WEEK

(See resources for Holy Week 2023)
